Intraparenchymal central nervous system Ewing's sarcoma. A case treated according to the modified Euro-EWING protocol

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Abstract

Ewing's sarcoma (ES) is the second most common malignant bone tumor in children and young adults. ES may also occur as a primary soft tissue neoplasm without involvement of the bone and is then referred to as extraosseous ES (EES). The paediatric central nervous system extraosseous Ewing's sarcoma (CNS-EES) is an extremely rare entity since less than 20 cases have been reported in literature. Moreover, only less than 10 cases correspond to brain parenchyma primary tumors. These cases have been often misdiagnosed with other varieties of primary brain tumors, particularly those which were called PNET (Primitive Neuro-Ectodermal Tumor). We present a case of true intraparenchymal CNS-EES and a comparison of epidemiology, behaviour, treatment, and prognosis of CNS-EES and intracranial PNET cases.

Keywords: extraosseous Ewing's sarcoma, central nervous system, surgery, chemotherapy, radiotherapy, child

Introduction

Ewing's sarcomas (ES) are small roundneoplasms, presumed neuroectodermal in origin, which occur most often in the bones in adolescents and young adults. While Ewing's sarcoma arising from the skull is rare, the intracranial parenchymal location and manifestation of the disease is extremely rare, and when present, this is often misdiagnosed with other varieties of primary brain tumors. We report a case of intracranial Ewing's sarcoma, which was initially suspected to be a central nervous system PNET (c-PNET) in an 8-year-old girl.

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Case Report

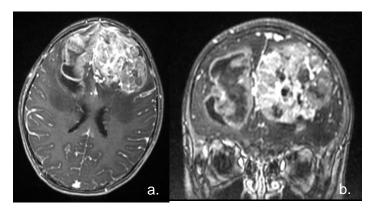
An 8-year-old female presented to her physician in February 2013 with a 6-month history of headache, nausea, and vomiting, associated to behaviour disorders which had increased in intensity over the last two months. Her general and neurological status was normal. An MRI scan of the brain revealed a T-1 hyperintense bilateral frontal mass (85 x 62 x 66 mm) with solid and cystic components and heterogeneous enhancement (Figure 1). A significant mass effect was detected. No bone extension was observed. No evidence of calcification was noted within the lesion on CT scan. She underwent left temporo-parietal craniotomy and partial resection of a very vascular tumor. Post-operative MRI scan revealed gross residual disease. Pathology revealed a small round blue cell tumor positive for CD99/MIC-2 antigen suggestive of Ewing's sarcoma. The diagnosis was confirmed by FISH analysis based on the presence of

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EWS/FLI1 transcript fusion and rearrangements of the EWS and FLI1 gene loci. Metastatic work-up including MRI of the spine, PET scan, CT scan of chest and abdomen, cerebrospinal fluid cytology, bone scan, bone marrow aspirate and biopsy, was negative. She then received 6 cycles of chemotherapy with vincristine, cyclophosphamide, and doxorubicin alternating with ifosfamide and etoposide

(EURO EWING sarcoma 2012). She had an almost complete resolution of tumor following these cycles of chemotherapy. She then underwent focal radiotherapy of 54 Gy (120 Gy b.i.d daily for 6 weeks) to the primary site and completed treatment with six more cycles of the TEMIRI chemotherapy (temozolomide-irinotecan) until December 2013. She is currently alive with no evidence of disease, more than 4 years following diagnosis.



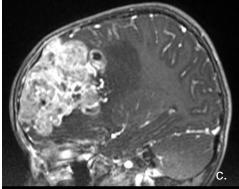


Fig. 1. Sections of brain T1 gadolinium MRI: a. Axial, b. Coronal and c. Sagittal

Discussion

Ewing's sarcoma are the second most primary bone tumors osteosarcomas, and represent about 3% of all cancers in children. Twenty to 30% of cases are diagnosed in the first decade with a male:female incidence ratio of approximately 1.22 [1]. Contrary to osteosarcomas, ES commonly involves flat bones in a proportion as high as 50% [1]. In these cases, the main locations are pelvis (26%), chest wall (16%), while the skull location is only 2%. In some cases, ES occurs as a primary soft tissue neoplasm without involvement of the bone and is then referred to as extraosseous ES. In extremely rare instances, these lesions are located within the brain parenchyma where they have been often misdiagnosed as cerebral c-PNET. It is noteworthy that nowadays PNET are defined as embryonal tumors according to the 2016 version of the OMS brain tumors classification [2]. As far as our knowledge goes, less than twenty cases of the central nervous system extraosseous Ewing's sarcoma (CNS-EES) have been

reported in pathology literature [3-13]. While CNS-EES could be misdiagnosed as c-PNETs, epidemiology, behavior, treatment, and prognosis are significantly different. First while both cancers could all, disseminated at initial presentation, it is neither the same proportion nor the same metastatic locations. In the case of c-PNETs the frequency of metastasis is about 35%, always situated within the CNS [14]. More than 70% of all pediatric medulloblastoma patients are diagnosed in children under age 10. On the contrary, CNS-EES patients presented metastasis in 25% of the cases with the most common sites being lung (38%), bone (31%), and bone marrow (11%). Among 19 cases of children's CNS-EES reported in the literature, only 9 appeared clearly to be located within the brain parenchyma [3-9], the other cases being classified as extra-axial. The majority of these cases [6] were located in the frontal lobe, like our case, one was fronto-parietal, one temporo-parietal, and the last one in the posterior fossa. The median age was 7 years (ranging from 2 to 17 years) and 2 patients had pulmonary metastasis

diagnosis [3, 5]. In most cases of localized ESS, the treatment combines maximum safe resection and chemotherapy commonly using a combination of vincristine-doxorubicincyclophosphamide, alternating with ifosfamideetoposide, followed by radiation therapy of the primary site and eventually surgery in case of residual disease. Then, the treatment is completed with a less aggressive combination of chemotherapy used in Ewing's sarcoma protocols, for a total of about 8 months. Almost all the children suffering from CNS-EES reported in literature have been treated with chemotherapy and radiotherapy like those treated for c-PNETs. The major difference consisted in the fields of radiotherapy since it is focused on the tumor bed for CNS-EES while craniospinal irradiations were used for c-PNETs, leading to much more severe endocrine and neurocognitive late effects [15-16]. Among the 8 children harboring a parenchymal CNS-EES for whom treatment was reported in literature, 4 received radiotherapy and chemotherapy, 2 received radiotherapy, and only one only chemotherapy. The only case of leptomeningeal relapse occurred in a patient treated with both radiotherapy chemotherapy. The prognosis of CNS-EES is obviously unknown, due to their rarity. However, it has been suggested that patients with CNS-EES may have a more favorable outcome than patients with c-PNET, which seems to be confirmed in our case. In the case

of non-metastatic c-PNET, the 5-year EFS is about 60%. The outcome of CNS-EES is poorly reported among the 8 previously mentioned cases. Indeed, it is not known for the two metastatic patients, one patient had a leptomeningeal relapse without precision about the disease free duration, and the 5 other patients were disease free at the time of publication (at 11, 12, 18, 24, 60 months from diagnosis) [4, 6-8].

Conclusion

Intraparenchymal CNS-EES are very rare tumors, mostly located within the frontal region often misdiagnosed with other varieties of primary brain tumors, particularly embryonal tumors. Their treatment combines surgery, chemotherapy and focal radiotherapy providing good chance of disease free survival.

Conflict of interest

The authors declare no conflict of interest.

Patient consent

Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

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